



Porters Grange Primary School

Physical Education

Hockey

Early Years	
Year 1	
Year 2	
Year 3	<p>Dribble, pass, receive and shoot the ball with some control. Find space away from others and near to my goal. Move with a ball towards goal with increasing control. Track an opponent to slow them down. Understand the benefits of exercise. I work cooperatively with my group to self-manage games. Provide feedback using key words. Understand my role as an attacker and as a defender. Learning the rules of the game and I am beginning to use them to play fairly. Beginning to use simple tactics</p>
Year 4	<p>Dribble, pass, receive and shoot the ball with increasing control. Move to space to help my team to keep possession and score goals. Delay an opponent and help to prevent the other team from scoring. Explain what happens to my body when I exercise and how this helps to make me healthy. Share ideas and work with others to manage our game. Provide feedback using key terminology and understand what I need to do to improve. Learning the rules of the game and I am beginning to use them to play honestly and fairly. Use simple tactics to help my team score or gain possession.</p>
Year 5	<p>Dribble, pass, receive and shoot the ball with some control under pressure. Understand there are different skills for different situations and I am beginning to apply this. Communicate with my team and move into space to keep possession and score. Often make the correct decision of who to pass to and when. Use tracking, tackling and intercepting when playing in defence.</p>

	<p>Identify how different activities can benefit my physical health. Identify when I was successful and what I need to do to improve. Use feedback provided to improve my work. Know what position I am playing in and how to contribute when attacking and defending. Understand the rules of the game and I can apply them honestly most of the time. Understand the need for tactics and can identify when to use them in different situations.</p>
Year 6	<p>Dribble, pass, receive and shoot the ball with increasing control under pressure. Select the appropriate action for the situation and make this decision quickly. Create and use space to help my team. Use marking, tackling and/or interception to improve my defence. Understand that there are different areas of fitness and how this helps me in different activities. Work in collaboration with others so that games run smoothly. Recognise my own and others strengths and areas for development and can suggest ways to improve. Use feedback provided to improve the quality of my work. Use the rules of the game consistently to play honestly and fairly. Work collaboratively to create tactics with my team and evaluate the effectiveness of these.</p>